

A WORKBOOK
BY LORETTA BATES

MADE TO BE DIFFERENT

YOUR DIFFERENCE IS YOUR DESTINY

Page 1



S T E P S T O C K

W-WHAT

What is it that makes you different from everyone else

E-EXCLUDED

What is it that keeps you from embracing who you truly are?

I-IMPORTANT

Why does being different even matter in the first place?

R-RECONCILE

Ending the internal war between who you ARE and who you were TOLD or want to be

D-DISCOVERY YOUR DESTINY

Let's discover your differences and find out how they lead to your destiny

O-OBSTACLES

What are the FENCES that will keep you from walking in your destiny

Hi, I'm Loretta



I'm Loretta Bates, and my heart is to help you see the beauty and purpose in what makes you different. For years, I tried to fit into molds that weren't meant for me, and I know what it feels like to believe that your uniqueness is something to hide. But I've also learned that the very things that set us apart are often the keys to our destiny.

In this journey, *Made to Be Different: Your Difference is Your Destiny*, you will begin seeing yourself with fresh eyes. I want you to recognize that your challenges, quirks, and unique perspectives aren't weaknesses—they are part of your calling. As you work through these pages, my hope is that you'll start to embrace your difference, celebrate it, and step boldly into the life you were created to live.

Loretta Bates
Your Journey Guide

Goals for your JOURNEY

It all begins here.



Made to Be Different: Your Difference is Your Destiny was created with one goal in mind: to help you see yourself in a new light. Too often, we believe our differences are flaws, things to fix or hide. I want you to discover that what makes you different is not a setback—it's the very thing that points to your purpose. This journey is about seeing yourself differently. What once felt like weaknesses, flaws, or "too much" or "not enough" is *actually* the key to your destiny. As you move through these pages, keep these goals in front of you:

- **Shift your perspective** – Begin to see your differences as gifts, not burdens.
- **Find strength in your story** – Recognize that your challenges and experiences are shaping your purpose.
- **Embrace your uniqueness** – Step fully into who you are without apology.
- **Live boldly** – Walk with confidence, knowing those things that make you different guide you to your destiny.

This workbook is your roadmap to transformation. Every reflection, exercise, and breakthrough will move you closer to the powerful truth: you were made to be different for a reason.

CLAIM the
POWER
of **YOUR**

**DIFF
ER
ENCE.**

A workbook reflection

WEIRDO DEFINED

Means you were different, and not in a good way. In the kind of way where no one really sees your worth or your value. Particularly in the area that makes you stand out. A person who is strange, eccentric, or unconventional, often seen as odd or unusual by others...a slang term derived from the adjective "weird" meaning peculiar or bizarre and can be applied to people who don't fit typical molds

WEIRDO REDEFINED

WEIRDO

A person who is distinctly unique unto a specific purpose

WEIRDO

One who was not meant to blend in, conform, or copy what already exists, but was **intentionally designed to stand apart**

WEIRDO

Someone designed to carry a message, solve a problem, or express something that only they can

WEIRDO

A weirdo is me. A weirdo is you.

weirdo *redefined*



Before we jump into how your difference is going to help you discover your destiny, we need to determine WHAT actually makes you different in the first place! Genes set the stage! Personality plays the character. Environment writes the script. Choices help decide how the story ends.

WH AT

Your Difference Has Roots

Inherited

One of the biggest deterrents to us fully embracing who we are and being different from those around us is the fear that we will be excluded.

STRENGTHS I MAY HAVE INHERITED

Skills, resilience, creativity, stamina, humor, empathy, problem solving...

WEAKNESSES OR SENSITIVITIES

Stress patterns, health tendencies, reactivity, avoidance, fears, habits...

INHERITED TRAIT I CAN USE FOR GOOD

PATTERN I WANT TO HANDLE WISELY

Environmental

Your environment may have shaped your starting point, but it does not get the final word. It can however affect the lens through which you see the world.

HOME MESSAGES

What did I learn about myself, success, failure, money, faith, emotion & belonging?

SCHOOL/COMMUNITY

Where did you feel seen, overlooked, celebrated, or corrected?

CULTURAL NORMS I GREW UP WITH

What are some unique strengths of my culture? What are some weaknesses?

WHAT I SOMETIMES READ AS RUDE

But may simply be cultural differences

Your Difference Has Roots

CHOICES

Choice is where potential turns into purpose. It is your most powerful tool for transformation.

A GOOD CHOICE I MADE

What is a good choice you made and how did it affect your life?

A HARD OR REGRETTED CHOICE

Name a hard choice that you made. How can it be used for good? Beauty for ashes.

A CHOICE BEYOND MY CONTROL

Sometimes the choices we make are driven by our circumstances, not our desires.

WHAT CHOICE CAN I MAKE TODAY

What is a choice I can make today that is within my control?

PERSONALITY

Your personality is not a prison. It is a pattern. Figure out the pattern and have a better understanding behind why you do what you do.

TRAITS THAT DEFINE ME

UNDER STRESS I TEND TO

WHAT COMES EASILY

SAFETY NETS I CAN BUILD

PERSONALITY ASSESSMENT RESULTS

16 Personalities

From 16personalities.com

ANALYSTS

INTJ

INTJs are visionary planners who thrive on strategy and long-term goals. They see patterns where others see chaos, making them skilled at creating structured paths to success. Their strengths lie in determination, independence, and innovative problem-solving. However, they can struggle with perfectionism, come across as overly critical, and often find it difficult to connect emotionally with others.

- **STRENGTHS**-Long-term planners, determined, logical, innovative.
- **WEAKNESSES**-Perfectionistic, overly critical, struggle w/emotions, can seem distant.

THE MASTERMIND
Strategist

INTP

INTPs are curious explorers of knowledge, fascinated by theories, ideas, and abstract connections. They excel at analyzing complex problems and finding creative solutions that others overlook. Their strengths are originality, analytical thinking, and intellectual curiosity. Yet, they often procrastinate, struggle with indecision, and may become so detached in thought that they neglect practical matters.

- **STRENGTHS**-Analytical, creative, open-minded, original thinkers.
- **WEAKNESSES**-Procrastination, indecisive, detached, easily bored.

THE THINKER
Innovator

ENTJ

ENTJs are natural leaders who thrive on challenge and efficiency. They love organizing people and systems to achieve ambitious goals, often bringing bold vision and confident decision-making to every project. Their strengths are determination, charisma, and strategic leadership. Still, they can be impatient with inefficiency, come across as domineering, and sometimes overlook emotional nuances.

- **STRENGTHS**-Natural organizers, confident, efficient, driven.
- **WEAKNESSES**-Impatient, domineering, intolerant of inefficiency, blunt.

THE COMMANDER
Leader

ENTP

ENTPs are energetic innovators who love questioning assumptions and pushing boundaries. Their quick wit, adaptability, and ability to see multiple perspectives make them persuasive and exciting problem-solvers. They thrive on new ideas and creative challenges. However, they can be argumentative for the sake of debate, easily lose focus, and may struggle with consistency and follow-through.

- **STRENGTHS**-Charismatic, resourceful, adaptable, persuasive.
- **WEAKNESSES**-Argumentative, easily distracted, dislike routine, can be inconsistent.

THE DEBATOR
Visionary

DIPLOMATS

INFJ

INFJs are insightful and empathetic individuals driven by a deep sense of purpose. They combine creativity with conviction, often striving to help others grow and make the world a better place. Their strengths include vision, compassion, and determination to live by their values. On the flip side, they can be overly perfectionistic, highly sensitive, and prone to burnout from giving too much of themselves.

- **STRENGTHS**-Insightful, principled, compassionate, inspiring.
- **WEAKNESSES**-Perfectionist, sensitive, prone to burnout, private.

THE ADVOCATE
Idealist

INFP

INFPs are gentle, imaginative souls who seek meaning and authenticity in all they do. Guided by strong inner values, they bring creativity, empathy, and passion to their relationships and work. They are loyal friends and idealists at heart. However, they may avoid conflict, become disorganized, and hold such high ideals that reality sometimes leaves them disappointed or discouraged.

- **STRENGTHS**-Loyal, creative, empathetic, passionate.
- **WEAKNESSES**-Overly idealistic, conflict-avoidant, disorganized, sensitive to criticism.

THE MEDIATOR
Dreamer

ENFJ

ENFJs are charismatic motivators who excel at bringing people together and inspiring positive change. They are empathetic leaders with a gift for communication, often serving as a source of encouragement and support to those around them. Their strengths lie in persuasion, warmth, and vision. Yet, they can overcommit themselves, become overly idealistic, and struggle with people-pleasing tendencies.

- **STRENGTHS**-Empathetic, persuasive, inspiring, excellent communicators.
- **WEAKNESSES**-People-pleasing, overly idealistic, controlling, overextended.

THE PROTAGONIST
Inspirer

ENFP

ENFPs are enthusiastic, free-spirited individuals who thrive on new possibilities and human connection. They bring energy, creativity, and optimism wherever they go, inspiring others with their zest for life. Their strengths are adaptability, warmth, and imagination. Still, they often get distracted by too many interests, struggle with follow-through, and can feel restless if life becomes routine.

- **STRENGTHS**-Energetic, creative, warm, adaptable.
- **WEAKNESSES**-Easily distracted, overly emotional, struggles with follow-through, restless.

THE CAMPAIGNER
Explorer

SENTINELS

ISTJ

ISTJs are dependable and methodical individuals who value structure, rules, and responsibility. They excel at organizing tasks, following through on commitments, and ensuring stability in both work and personal life. Their strengths are reliability, hard work, and practicality. However, they may be overly rigid, resistant to change, and sometimes too critical of others who don't share their discipline.

- **STRENGTHS**-Reliable, hardworking, practical, organized.
- **WEAKNESSES**-Rigid, stubborn, judgmental, dislike change.

THE INSPECTOR
Organizer

ISFJ

ISFJs are warm-hearted and attentive caregivers who thrive on helping others feel safe and supported. They are detail-oriented, loyal, and deeply considerate, often putting others' needs before their own. Their strengths include kindness, responsibility, and a strong sense of duty. Yet, they can be overly selfless, resistant to change, and prone to becoming overwhelmed when they take on too much.

- **STRENGTHS**-Loyal, considerate, observant, responsible.
- **WEAKNESSES**-Overly selfless, resistant to change, avoid conflict, easily overwhelmed.

THE NURTURER
Protector

ESTJ

ESTJs are practical and organized leaders who excel at bringing order and structure to their environments. They are reliable, decisive, and focused on efficiency, making them natural managers and decision-makers. Their strengths are dependability, discipline, and leadership. But they can also be inflexible, overly blunt, and resistant to alternative ways of thinking.

- **STRENGTHS**-Strong-willed, dependable, structured, practical.
- **WEAKNESSES**-Inflexible, blunt, judgmental, resistant to new ideas.

THE EXECUTIVE
Director

ESFJ

ESFJs are sociable, caring individuals who thrive on community and connection. They are warm, loyal, and highly attuned to the needs of others, often taking on the role of peacemaker or organizer. Their strengths include cooperation, reliability, and generosity. However, they may become overly focused on others' approval, avoid conflict at all costs, and struggle with rigid expectations.

- **STRENGTHS**-Nurturing, loyal, organized, cooperative.
- **WEAKNESSES**-People-pleasing, overly dependent on approval, conflict-averse, rigid.

THE CAREGIVER
Supporter

EXPLORERS

ISTP

ISTPs are adventurous problem-solvers who learn best by doing. They thrive in hands-on environments where they can explore, experiment, and adapt on the spot. Their strengths are resourcefulness, practicality, and calm under pressure. Yet, they can be impulsive, risk-taking, and emotionally distant, sometimes struggling with long-term commitments.

- **STRENGTHS**-Practical, resourceful, adaptable, adventurous.
- **WEAKNESSES**-Impulsive, risk-taking, emotionally detached, easily bored.

THE VIRTUOSO
Tinkerer

ISFP

ISFPs are gentle, creative spirits who value personal freedom and self-expression. They enjoy living in the moment, seeking beauty and authenticity in their experiences. Their strengths are kindness, adaptability, and loyalty. However, they may struggle with indecision, avoid conflict, and be sensitive to criticism, often resisting structure or long-term planning.

- **STRENGTHS**-Kind, artistic, adaptable, loyal.
- **WEAKNESSES**-Overly reserved, indecisive, sensitive to criticism, avoid long-term planning.

THE ARTIST
Adventurer

ESTP

ESTPs are energetic, action-oriented individuals who thrive on excitement and real-world challenges. They are charismatic and bold, often natural risk-takers who enjoy living in the moment. Their strengths are adaptability, resourcefulness, and enthusiasm. Still, they can be impatient, impulsive, and struggle with commitment, often chasing new thrills instead of long-term goals.

- **STRENGTHS**-Charismatic, spontaneous, resourceful, practical.
- **WEAKNESSES**-Impulsive, impatient, risk-prone, struggle with commitment.

THE DYNAMO
Entrepreneur

ESFP

ESFPs are outgoing, fun-loving personalities who bring joy and spontaneity to every situation. They are highly social, energetic, and love to entertain and connect with others. Their strengths are optimism, adaptability, and enthusiasm. On the downside, they can be easily distracted, avoid planning, dislike criticism, and sometimes make impulsive decisions without considering the consequences.

- **STRENGTHS**-Energetic, creative, warm, adaptable.
- **WEAKNESSES**-Easily distracted, avoid planning, dislike criticism, impulsive.

THE PERFORMER
Entertainer

weirdo *redefined*



One of the biggest deterrents to us fully embracing who we are and being different from those around us is the fear that we will be excluded. It is a very real primal fear that years ago meant certain death. Today, however, it can mean the death of the impact we are meant to have on the world.

EXCLU DED

What Did Normal Look Like?

Did you ever wish you could have been normal? Describe what normal looked like to you, and what it cost you to chase it.

NORMAL LOOKED LIKE...

I THOUGHT NORMAL WOULD GIVE ME...

I LOST OR HID THIS PART OF ME...

What would I tell the younger version of me now?

weirdo *redefined*



Why does being different matter in the first place?
What is so wrong about everyone being the same?
Why do I have to stand out? How does my being
different add to the world? These are a few of the
questions we are going to explore now, so get
ready to learn why it is IMPORTANT that you were
Made to be Different.

IMPORTANT

SHARE TIME



Nobody changes the world by being exactly like the world. Difference is not decoration. Difference is design.

Name:

(what is in a name? What do people speak over you everyday-look up your name)

1. Draw a picture of yourself.

while you do, think about what it is about you that makes you different.

2. Share your photo with your partner while explaining what makes you different.

3. What did you learn about someone else's story today? How does their difference point to their purpose?

A large white rectangular area with a grey border, intended for drawing and writing.

Take a moment in your group to share what makes you different. Sometimes it takes others to help us see clearly. Make note of what you have learned.

weirdo *redefined*



R

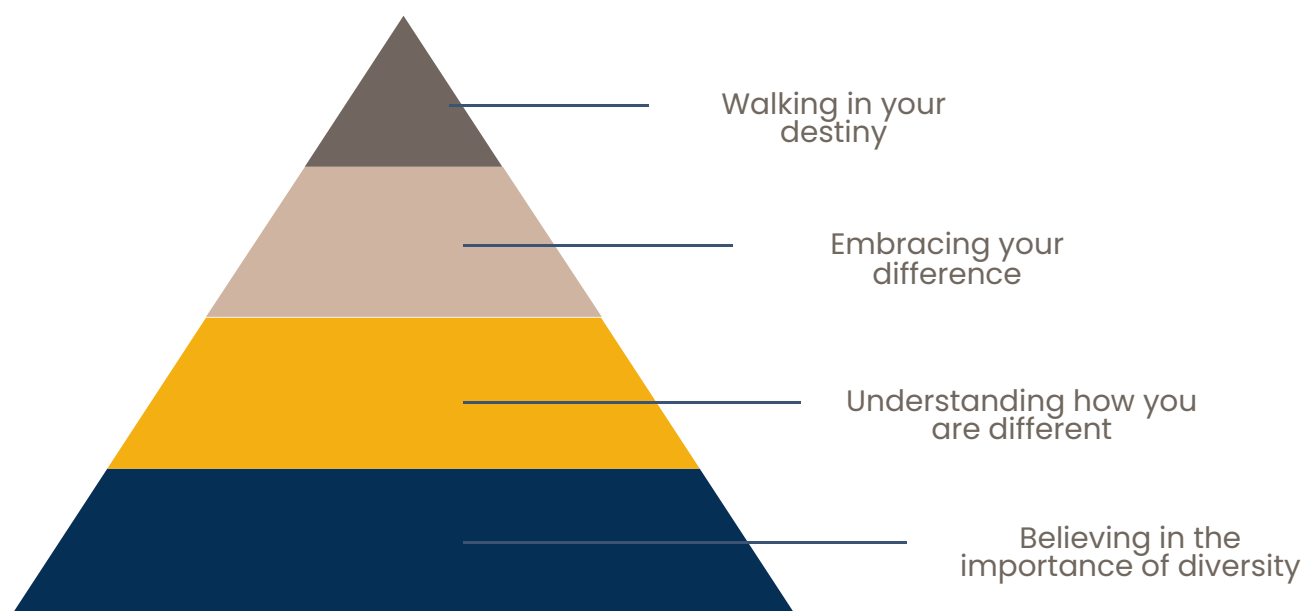
Oftentimes, because we have learned to despise the beautiful things that actually make us different and stand out in the world, we begin to hate or despise them instead of seeing their value and embracing them. This chapter is all about coming to terms and accepting our difference instead of fighting and despising it.

RECON CILE

LEVELS OF UNDERSTANDING

WHY you have been made the way you are.

You cannot build your future while fighting your foundation. What is your foundation built upon? It has to begin with believing in the importance of you being different.



You may already know what makes you different. The deeper work is understanding how it connects to purpose.

01 NAME IT: I can say what makes me different without shrinking

02 UNDERSTAND IT: I can see how it shaped my story.

03 HONOR IT: I can stop apologizing for it.

04 CONNECT IT: I can imagine how it could serve others.

What have other people told me that helped me see my own difference—good or bad: _____

Difference Inventory

Reconciliation begins when you stop fighting your foundation and start listening for clues.

1. What comes easily to me that others find difficult?

2. What do people consistently tell me, even people who just met me?

3. What was I ashamed of when I was younger?

4. What part of me keeps showing up even when I try to hide it?

5. What do I care about more deeply than people expect?

weirdo *redefined*



Let's take a deep dive into how your unique gift set is going to help you make an impact and leave a beautiful mark on this world that can only be left by the beautiful brush stroke of you. Your difference is not just for you, there is a purpose behind it!

DISCO VERY

Pain, Potential, Problem, Platform

Your pain, potential, platform, and a problem that angers you are key indicators that point toward purpose.

PAIN

What have I survived or carried that I do not want others to face alone?

POTENTIAL

What skills, talents, instincts, or abilities keep showing up in me?

PROBLEM

What issue makes me say, 'Why is no one fixing this?'

PLATFORM

What access, experience, story, role, or community can I use for good?

Where these four clues overlap, I may be called to serve by...

Jay Shetty's

Quadrant of Potential

Place ideas, skills, dreams, and responsibilities where they honestly belong today.
Honesty gives you a map.

SKILL + PASSION This may point toward purpose.	PASSION, NEEDS SKILL This may need practice or partnership.
SKILL, LOW PASSION This may be work, service, or support.	NO SKILL + NO PASSION This may be outsourced, released, or delayed.

What is one item in the top-left box that deserves your next small step?

Small Changes, Big Difference

Small consistent changes can be more powerful than dramatic starts you cannot sustain.

WHAT

How can I continue to discover more about what makes me, me?

Start: _____

EXCLUDED

What is something I can do when I feel the fear of exclusion limiting me from what I feel called to do?

Start: _____

IMPORTANT

What are ways I can reinforce the belief that who I am and what I have to offer are important?

Start: _____

RECONCILE

What negative statement do I tell myself all the time, and what truthful statement can I replace it with.

Start: _____

DISCOVERY

What small step can I take this week towards moving into my destiny?

Start: _____

OBSTACLES

What is the BIGGEST obstacles that keeps me from moving forward, and what can I do to mitigate it?

Start: _____

The smallest step I will take first: _____

Purpose Archetype Descriptions

These are not boxes to trap you. They are mirrors to help you name how your difference may serve.

BRIDGE BUILDER

Connects people, cultures, ideas, and worlds that struggle to understand each other. You unite people.

☐ This sounds like me

WOUNDED HEALER

You transform pain into purpose and healing. You are a place of safety for others to receive restoration.

☐ This sounds like me

JUSTICE SEEKER

Notices injustice quickly and speaks for people, places, or causes being overlooked. You stand up for what is right and fuel change.

☐ This sounds like me

CULTIVATOR

You nurture growth and plant seeds of purpose. You are not afraid of going slow. You know it takes time to build things that last.

☐ This sounds like me

POTENTIAL ACTIVATOR

You see greatness in people and ignite it others. You give them the tools to become the best version of themselves.

☐ This sounds like me

VISIONARY

Makes unseen ideas tangible through art, words, design, beauty, invention, or experience. You dream big and inspire the future.

☐ This sounds like me

TRUTH TELLER

You speak honestly and tell it like it is. You call out the unspoken things that need to be addressed.

☐ This sounds like me



Scan QR code to take
the WELL PURPOSE QUIZ

My top archetype today:

My Archetype Declaration

Write a declaration that is honest enough to believe and brave enough to practice.

I am a...

I was made different because...

The people, places, or problems I feel called to serve are...

One brave next step that matches this declaration is...



Scan this QR code for your
Archetype Soundtrack

weirdo *redefined*



Whenever we are trying to change for the better, there is always resistance, obstacles to you reaching your desired destination. Let's talk about what a few of those obstacles may be and make a plan so they don't derail us on our way to our destiny!

OBSTACLES

FENCE IDENTIFICATION

A fence keeps you hemmed in. Name the fences so you can choose your way through them.

F

FEAR OF FAILURE

What if I fail, look foolish, or disappoint myself?

E

EXPECTATIONS

Whose voice, pressure, or opinion is louder than purpose?

N

NOW

Where is impatience making me quit too soon?

C

CIRCUMSTANCES

What do I believe I do not have enough of?

E

EVASION

When I am evading, where do I go?

My Declaration Statements

Read these out loud until your agreement catches up with the truth. Circle the ones that feel like your next brave yes.

I was not made to blend in. I was made to make a difference.

I will not shrink to make other people comfortable.

My pain did not disqualify me. It prepared me.

I will stop fighting who I am and start building with what I have been given.

I do not have to have the whole plan to take the next brave step.

My voice matters. My presence matters. My life matters.

Today I choose to stop hiding and start aligning with my design.

I release the lie that I am too much, too different, or too late.

I am not chasing applause. I am chasing purpose.

The struggle I survived is the assignment I was made for.

My difference is not a flaw to fix. It is a gift to steward.

What once made me feel excluded may be the very clue to my destiny.

I was designed on purpose, with purpose, for purpose.

The things I notice deeply are clues to what I am called to change.

I am no longer hiding the very thing I was born to carry.

I choose courage over comparison, purpose over approval, and truth over fear.

I do not need permission to become who I was created to be.

I was made different because someone, somewhere, needs what only I can bring.

My scars are not my shame. They are my credentials.

RESOURCES FOR

FURTHER ENRICHMENT

01 **16PERSONALITIES.COM**

For more information on personality types and how your personality affects all areas of your life.

05 **COMMUNITY**

Find people who value truth, growth, accountability and purpose over performance. Check out WELL with Loretta App in App/Google Play store

02 **CLIFTONSTRENGTHS**

A place to process what you're discovering — write it down so you can see your own patterns clearly.

06 **COUNSELING**

A licensed therapist or trauma-informed counselor can help you move forward in strength.

03 **JOURNALING**

An assessment built to name your natural talents — the things you do so easily you forget they're a gift.

07 **SCRIPTURE**

Psalms 139, Jeremiah 1, Romans 12 can all help you return to identity purpose calling and transformation

04 **MENTORSHIP**

Find a trusted mentor, pastor, coach or wise friend to help you process what you are learning and can reflect truth.

08 **PRACTICE**

Daily silence, prayer, & reflection. Transformation deepens when insight becomes a lifestyle. [Page 30](#)

THANK YOU



YOU DID IT!

Thank you for going on this journey with me, but the adventure does not end here! Continue to search, discover, ask and learn what it is that makes you different so you can begin to walk in your purpose with even greater precision! I can't wait to see what you will become.

“To be nobody but yourself in a world doing its best to make you everybody else means to fight the hardest battle any human can ever fight and never stop fighting.” – E. E. Cummings



WELL with Loretta APP

Your next step is waiting. Everything we have been working through here deserves a place to live and grow. This is where it all comes together. Track your progress, connect with others who get it, join events, and keep the momentum going! Download the app and join us!

DOWNLOAD